

Resveratrol Increases Glucose Induced GLP-1 Secretion in Mice: A Mechanism which Contributes to the Glycemic Control

Thi-Mai Anh Dao^{1,2,3}, Aurélie Waget^{1,2}, Pascale Klopp^{1,2}, Matteo Serino^{1,2}, Christelle Vachoux^{1,2}, Laurent Pechere⁴, Daniel J. Drucker⁵, Serge Champion³, Sylvain Barthélemy⁶, Yves Barra³, Rémy Burcelin^{1,2*}, Eric Séré^{3*}

1 Institut National de la Santé et de la Recherche Médicale U1048, Institut de recherche sur les Maladies Métaboliques et Cardiovasculaire, I2MC, Toulouse, France, **2** Université de Toulouse, UPS, Institut des Maladies Métaboliques et Cardiovasculaires (I² MC), Hôpital de Rangueil, Toulouse, France, **3** Institut National de la Recherche Agronomique 1260, Faculté de Pharmacie, Marseille, France, **4** ENTERONOVA SAS, Incubateur Midi-Pyrénées, Toulouse, France, **5** Department of Medicine, Samuel Lunenfeld Research Institute, Mount Sinai Hospital, University of Toronto, Toronto, Ontario, Canada, **6** YVERY SARL, Marseille, France

Abstract

Resveratrol (RSV) is a potent anti-diabetic agent when used at high doses. However, the direct targets primarily responsible for the beneficial actions of RSV remain unclear. We used a formulation that increases oral bioavailability to assess the mechanisms involved in the glucoregulatory action of RSV in high-fat diet (HFD)-fed diabetic wild type mice. Administration of RSV for 5 weeks reduced the development of glucose intolerance, and increased portal vein concentrations of both Glucagon-like peptide-1 (GLP-1) and insulin, and intestinal content of active GLP-1. This was associated with increased levels of colonic proglucagon mRNA transcripts. RSV-mediated glucoregulation required a functional GLP-1 receptor (Glp1r) as neither glucose nor insulin levels were modulated in Glp1r^{-/-} mice. Conversely, levels of active GLP-1 and control of glycemia were further improved when the Dipeptidyl peptidase-4 (DPP-4) inhibitor sitagliptin was co-administered with RSV. In addition, RSV treatment modified gut microbiota and decreased the inflammatory status of mice. Our data suggest that RSV exerts its actions in part through modulation of the enteroendocrine axis *in vivo*.

Citation: Dao T-MA, Waget A, Klopp P, Serino M, Vachoux C, et al. (2011) Resveratrol Increases Glucose Induced GLP-1 Secretion in Mice: A Mechanism which Contributes to the Glycemic Control. PLoS ONE 6(6): e20700. doi:10.1371/journal.pone.0020700

Editor: Kathrin Maedler, University of Bremen, Germany

Received: February 28, 2011; **Accepted:** May 7, 2011; **Published:** June 6, 2011

Copyright: © 2011 Dao et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Funding: Rémy Burcelin is the recipient of subsidies from the Agence Nationale de la Recherche (Program Brain GLP-1). This manuscript was partly funded by a grant (IISP program) from Merck Sharp and Dohm to RB. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Competing Interests: The authors have read the journal's policy and have the following conflicts: Laurent Pechere and Sylvain Barthélemy have a duality of interest with ENTERONOVA and YVERY Cosmetics, because they are employed by the above mentioned companies. Rémy Burcelin and Eric Séré have a duality of interest with ENTERONOVA as they have a consultancy mission. This does not alter the authors' adherence to all the PLoS ONE policies on sharing data and materials.

* E-mail: remy.burcelin@inserm.fr (RB); eric.sere@univmed.fr (ES)

Introduction

Type 2 diabetes (T2D), classically arises as a result of defects in insulin secretion and insulin action. Considerable evidence suggests that low-grade inflammation may also exacerbate metabolic control by impairing insulin action and secretion [1]. In the quest of a unifying molecular mechanism, impaired mitochondrial metabolism has been linked to inflammation [2]. Increased inflammation is also associated with impaired adipose tissue physiology [3] which has been recently linked to a change in intestinal microbiota and lipopolysaccharide production [4,5]. Our current concepts of how existing anti-diabetic agents exert their mechanisms of action continue to evolve, as exemplified by studies of the biguanide metformin. Recently new mechanisms of action of this well-known biguanide have been described that encompass enhanced secretion and action of Glucagon-like peptide-1 (GLP-1) [6,7] a gut hormone which increases insulin secretion [8,9,10]. This seems to make metformin an ideal oral antidiabetic agent for use alone, or in combination with other

agents that exert their glucoregulatory effects through complementary mechanisms of action.

Resveratrol (RSV) is a natural phytoalexin (3,4',5-trihydroxy-trans-stilbene) produced by various plants such as the red grapes (*Vitis vinifera* L.), peanuts (*Arachis* spp), berries (*Vaccinium* sp), and *polygonum cuspidatum*, that exerts multiple beneficial metabolic actions *in vivo* [11,12,13]. Resveratrol is known to be a strong antioxidant and possesses anti-inflammatory properties [14,15]. It inhibits NFκB- and AP-1-dependent inflammatory processes, resulting in reduction of levels of IL-1, TNFα and other inflammatory cytokines. Over the last decade several mechanisms have been proposed to explain the glucoregulatory actions of RSV. This polyphenol has been shown to enhance Sirtuin-1 (SIRT1) activity and to improve insulin secretion [16,17] and sensitivity [18,19], increase mitochondrial number and function [12,20,21], decrease adiposity, reduce glucose, and prolong life of mice fed a calorie enriched diet [13,22]. However, since the central role of SIRT in these beneficial actions is, to date, controversial [23], the direct targets of RSV remain unclear.

Recently, our laboratory has shown that diabetic mice treated with Benzopyren, an aryl hydrocarbon receptor (AhR) agonist, exhibit reduced GLP1 secretion [24]. As RSV is also an antagonist of AhR [25], we hypothesized that RSV might trigger GLP-1 secretion and improve glycemia. Our results show that a five week chronic treatment with RSV is associated with increased circulating levels of GLP-1 and insulin and enhanced levels of intestinal proglucagon mRNA transcripts. Consistent with these findings, RSV combined with a Dipeptidyl peptidase (DPP-4) inhibitor augments portal GLP-1 concentrations and further improves glucose homeostasis. The glucoregulatory actions of RSV are abolished in GLP-1 receptor knockout (Glp1r^{-/-}) mice and associated with increased levels of anti-inflammatory IL-10 cytokine expression and changes in gut flora of diabetic mice. These findings expand our concepts of how RSV exerts its metabolic effects to encompass activation of the enteroendocrine system and control of glycemia through GLP-1-receptor-dependent mechanisms of action.

Materials and Methods

RSV formulation and dosage

The natural purified trans-Resveratrol is formulated with polysorbate 20, and polyglyceryl-3Dioleate (Yvery, France). The RSV was daily mixed with the diet for animal experiments at the dose of 60 mg RSV/Kg/day.

Animal and treatment

Eight week-old male C57Bl/6J wild type mice (Charles River, L'Arbresle, France) and Glp1r^{-/-} mice from our colony (in C57Bl/6 background) were housed in a specific pathogen-free condition with a 12-/12-hour light (10 p.m.)/dark (10 a.m.) cycle and had free access to water and food. Mice were maintained on normal chow diet (NC, energy content: 12% fat, 28% protein, and 60% carbohydrate), or a high-fat diet (HFD; energy content: roughly 72% fat comprising corn oil and lard, 28% protein, and <1% carbohydrate, SAFE, Augy, France) for five weeks. This diet induces diabetes before the onset of obesity [4,5,26,27]. A subset of mice was treated with the fat-enriched diet supplemented with RSV. In addition, another group of mice was treated with RSV and a DPP-4 inhibitor, sitagliptin (Januvia®, Merck Sharp and Dohme-Chibret, France) (5 mg/day, in the food). Food intake, body weight, and glucose tolerance were measured as previously described [28]. All animal experimental procedures were approved by the local animal ethical committee of the Rangueil hospital under the authorization number "31-278".

Oral glucose tolerance test and insulin assays

An oral glucose tolerance test (OGTT, 2 g/kg of glucose) was performed in 6 h-fasted mice after five weeks of treatment. Blood glucose concentrations were monitored from the tip of the tail vein with a glucose meter (Roche Diagnostic, Meylan, France) at -30, 0, 30, 60, 90 and 120 min after oral glucose administration, as previously described [28]. Area under the curve (AUC) (30-90) was calculated for each group of mice. Plasma insulin concentration was determined by ELISA (Mercodia, Uppsala, Sweden) by using 10 µl of plasma from normal chow and HFD +/- RSV treated mice.

GLP-1 measurement in portal plasma and colon

For plasma portal GLP-1 quantification, mice (in fed state) were rapidly anesthetized by intra-peritoneal injection (0.1 ml/10 mg body weight) of Ketamine (Vibrac, France) and Xylazine hydrochloride 2% Rompun® (Bayer, France) in sodium chloride (0.9%; 2:1:7 v/v/v), dissected and the portal blood samples were collected in EDTA tubes (Sarstedt, Numbrecht, Germany) containing a DPP-4 inhibitor (Linco Research, St Charles, MO, USA). Following sacrifice, segments of colon were immediately excised, immersed in liquid N₂ and stored at -80°C for further mRNA and peptide analyses.

For assessment of levels of colonic GLP-1, intestinal samples were homogenized in ethanol/acid (100% ethanol: sterile water: 12N HCl 74:25:1 v/v) solution (5 ml/g tissue). Then the homogenates were centrifuged (2000 g for 20 minutes) and supernatants were collected and diluted 50-fold. Concentrations of GLP-1 (7-36) amide were determined using an ELISA method (Glucagon-Like-Peptide-1 active ELISA kit, Millipore, France).

RNA extraction and real time PCR

Total RNA was isolated from tissues using Trizol reagent (Invitrogen, France) and quantified by NanoDrop (NanoDrop technologies Inc., France). Total RNA (1 µg) was reverse-transcribed using Moloney murine leukemia virus reverse-transcriptase (Invitrogen, Cergy-Pontoise, France) and random primers at 42°C for 1 h. The expression of target genes was determined using the Stratagene Mx 3005p. The mRNA concentration of target genes was normalized to levels of β2-actin mRNA and the results were expressed as relative expression levels (REL). The data were quantified by the method of 2^{-ΔΔC_t}. Primers used are listed in table 1.

Determination of IL-10 protein concentration

Tissue protein extracts were obtained by homogenization of colonic segments (0.5 mg tissue/ml) in 50 mM Tris HCl, pH 7.4, 0.5 mM DTT and a cocktail of proteases inhibitors containing

Table 1. Primers Used.

Genes	Forward sequence (5'-3')	Reverse sequence (5'-3')
β2-actin	5'-AAGGCCAACCGTGAAAAGAT-3'	5'-GTGGTACGACCAGAGGCATAC-3'
TGF-β	5'-TGGAGCAACATGTGGAAGT-3'	5'-GTCAGCAGCCGGTTACCA-3'
IL-10	5'-CACAAAGCAGCCTTCGAGAA-3'	5'-AGAGCAGGCAGCATAGCAGTG-3'
TNFα	5'-TGGGACAGTGACCTGGACTGT-3'	5'-TTCGGAAGCCATTGTAGT-3'
Proglucagon	5'-GACATGCTGAAGGGACCTTAC-3'	5'-GGCTTTCACAGCCAC-3'
V3 16S rDNA universal	5'-GCCCGGGGCGCGCCCGGGCGGGGCGGGG CACGGGGGACTCTACGGGAGGCAGAGT-3'	5'-GTATTACCGCGGTGCTGGCAC-3'

doi:10.1371/journal.pone.0020700.t001

PMSF, ALI and POP (Sigma, France). Samples were centrifuged at 12,000 g for 10 minutes and stored at -80°C . IL-10 levels in colonic protein extracts were determined using an ELISA method (Mouse IL-10 ELISA Ready-SET-Go!, eBioscience, France).

Intestinal microflora characterization

Total DNA was isolated from caecum using Trizol reagent (Invitrogen, France) and was amplified by PCR, targeting the V3 region of the 16S rRNA gene using the universal bacterial primers HDA1-GC and HDA2 (Table 1). Each reaction mixture (25 μl) contained 4 μl of DNA diluted to 50 ng/ μl , deoxynucleoside triphosphate (Sigma-Aldrich – France) at a concentration of 200 mM, 0.3 μM of each primer, and 0.07 μl of *Taq* polymerase (Sigma-Aldrich – France). The following amplification program was used: 94°C for 5 min, 30 cycles consisting of 94°C for 30 s, 55°C for 45 s, and 72°C for 60 s, and 30 min at 72°C . Denaturing gradient gel electrophoresis (DGGE) was then performed by using DGGE 2401 systems (CBS & Scientific Co. – United State) and 8% polyacrylamide gels with a 35–55% gradient of urea (99.0–100.5% – Sigma-Aldrich-France) and formamide (99+% – Sigma-Aldrich-France), which increased in the direction of electrophoresis. Electrophoretic runs were in a Tris-acetate-EDTA buffer (40 mmol/l Tris, 20 mmol/l acetic acid, and 1 mmol/l EDTA) at 60 V and 60°C for 18 h. Gels were stained with SYBR Safe 1 \times (Invitrogen, France) for 30 min, rinsed with deionized water, then scanned and analyzed by using Typhoon 9400 Variable Mode Imager (Amersham Biosciences-United State). Hierarchical clustering was performed by using Permutmatrix 1.9.3.0 [29].

Statistical Analysis

Results are expressed as means \pm SEM. Statistical differences between groups were evaluated by one-way ANOVA followed by

Tukey test and the non-paired –Student's T test using Sigma Stat 2.03. The level of significance was set at $p < 0.05$.

Results

Effect of a five week treatment with RSV on HFD-induced glucose intolerance

To assess the anti-diabetic effect of RSV, we treated HFD-diabetic mice with a dose of RSV, 60 mg/kg/day, for five weeks. RSV significantly reduced glucose intolerance in diabetic mice without affecting fasting glycemia (Figure 1A, B).

To understand the mechanisms mediating the pronounced salutary effects of RSV on oral glucose tolerance, we examined levels of GLP-1. Mice fed the high fat diet exhibited reduced levels of GLP-1 (Figure 2A), in contrast, RSV almost tripled the concentration of active GLP-1 in the portal vein (Figure 2A) and significantly increased the corresponding intestinal content of both proglucagon mRNA and active GLP-1 (3.4 and 1.8-fold, respectively, Figures 2B, C). Consistent with the change in GLP-1 levels, the plasma concentration of insulin was also significantly increased (1.8-fold) in response to the oral glucose challenge (Figure 2D).

The glucoregulatory actions of RSV depend on a functional GLP-1 receptor and are further improved by a DPP-4 inhibitor

To determine whether GLP-1 secretion and action mediated the improved glucose tolerance in response to the chronic RSV treatment, we analyzed oral glucose tolerance and GLP-1 concentrations in *Glp1r* $^{-/-}$ mice. In contrast to data obtained with WT mice, *Glp1r* $^{-/-}$ mice were insensitive to the RSV treatment revealing an essential role for the GLP-1R in control of glucose tolerance by RSV (Figures 3A, B). Furthermore,

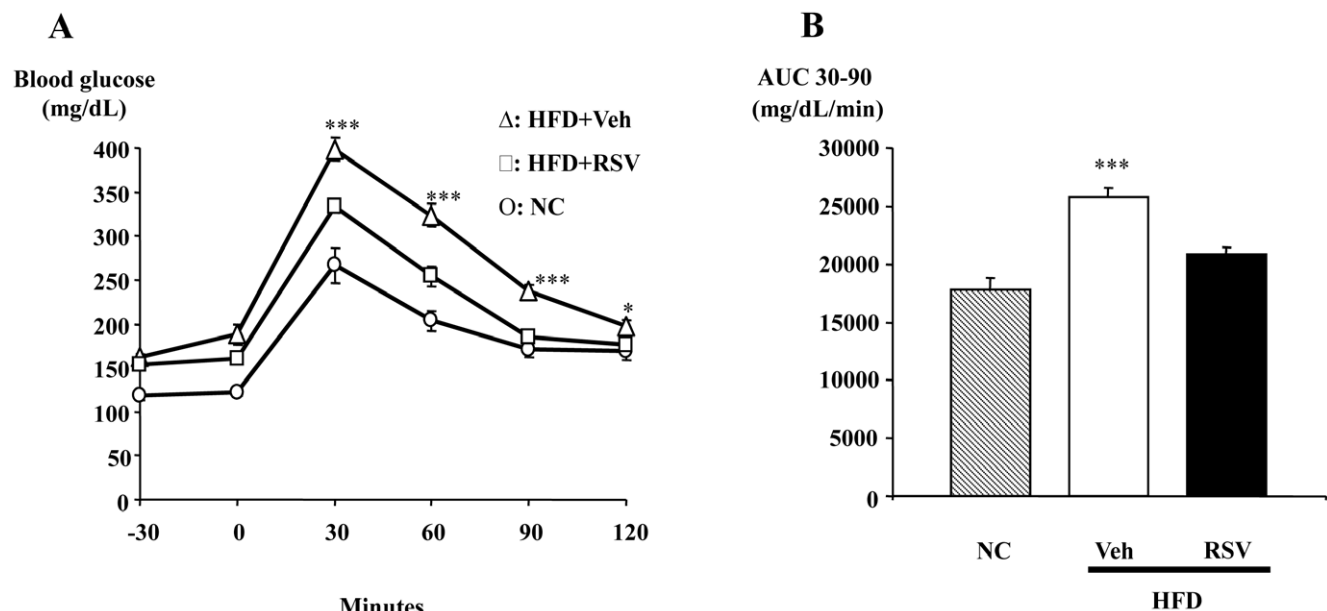


Figure 1. RSV improves glucose tolerance in high fat-fed diabetic mice. A) Glycemic profiles (mg/dL) of normal chow (circles), high fat diet-fed mice treated with vehicle (triangles) or RSV (squares) for five weeks and **B)** area under the curve for glucose (AUC); Data are presented as mean \pm S.E.M, $n = 8$ mice per group * and *** statistically different between groups when $p < 0.05$ and $p < 0.001$, respectively, as analyzed by one-way ANOVA followed by Tukey test.

doi:10.1371/journal.pone.0020700.g001

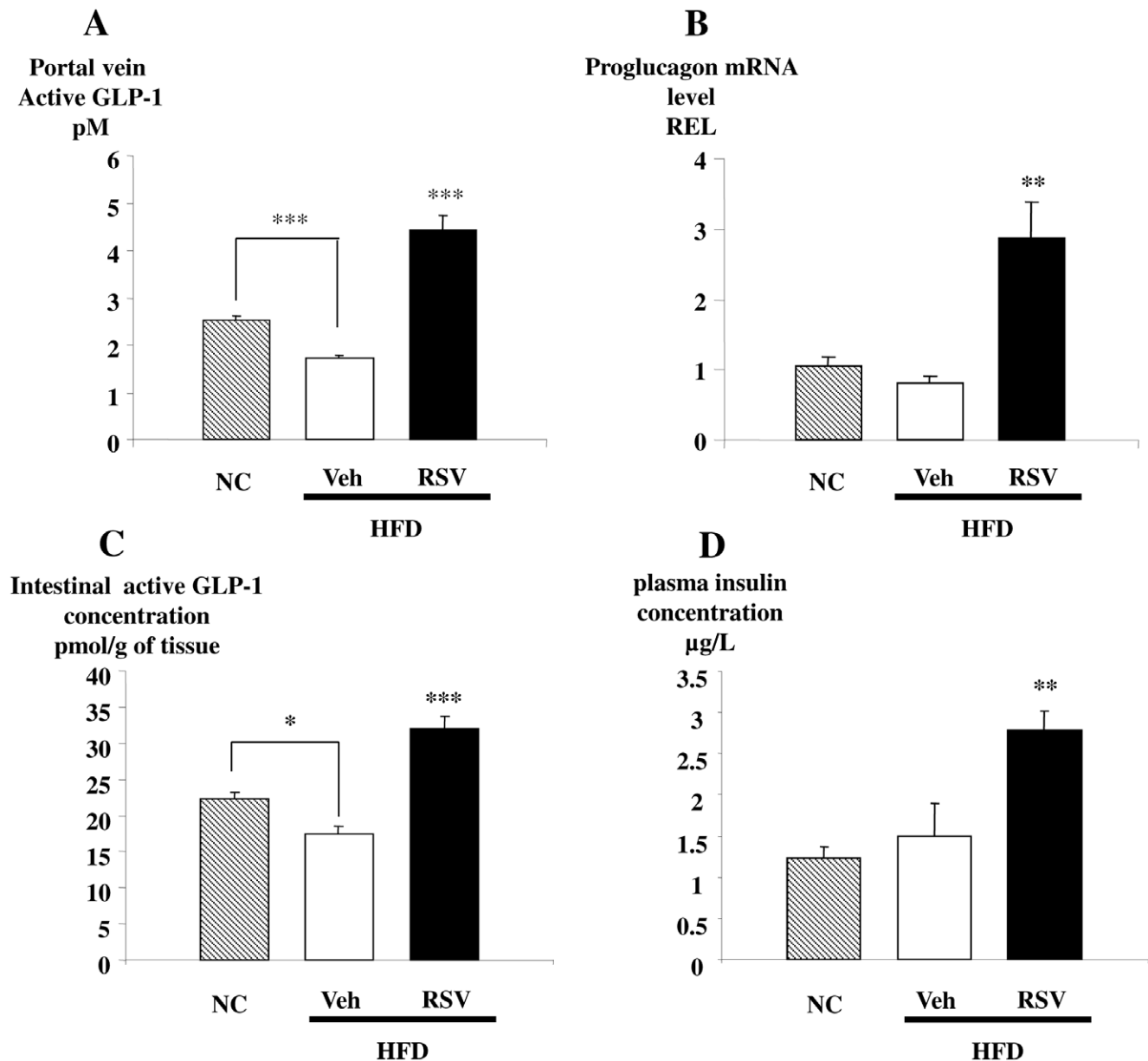


Figure 2. RSV increases levels of GLP-1 and Insulin. **A)** Portal vein active GLP-1 concentrations (pM); **B)** proglucagon mRNA concentration (Relative Expression Level, REL); **C)** intestinal GLP-1 concentrations (pmol/g of tissue) and **D)** portal plasma insulin concentrations (µg/L) of normal chow (stripe bars), high fat diet-fed mice treated with vehicle (open bars) or RSV (closed bars) for five weeks. Data are presented as mean \pm S.E.M, $n=8$ mice per group (in fed state) *, ** and *** statistically different between groups when $p<0.05$, $p<0.01$ and $p<0.001$, respectively, as analyzed by one-way ANOVA followed by Tukey test.
doi:10.1371/journal.pone.0020700.g002

proglucagon mRNA levels were only modestly increased (1.3-fold) following RSV in $Glp1r^{-/-}$ mice suggesting that the GLP-1 receptor was important for the regulated expression of its ligand (Figure 3C). We have compared the glycemic profile between wild type and $Glp1r^{-/-}$ mice. The results demonstrated that improve of glucose tolerance was significantly different when wild type mice were treated with RSV (Figure 3D and 3E).

Next, we assessed whether the therapeutic efficacy of RSV could be further enhanced by potentiating levels of active GLP-1 through combination with a DPP-4 inhibitor. Oral glucose tolerance was further enhanced when the DPP-4 inhibitor, sitagliptin, was added to the RSV treatment (Figure 4A). Furthermore, the active GLP-1 concentrations were further

increased (1.5-fold) in the portal blood (Figure 4B). However, the combined sitagliptin/RSV treatment did not significantly increase intestinal proglucagon gene expression when compared to administration of RSV alone (Figure 4C).

Effect of a five week treatment with RSV on gut microbiota

The above set of data suggested that RSV was targeting the intestine. Since RSV is known to be an antimicrobial agent [30,31,32], we determined whether the gut microbiota was also impacted by RSV treatment by using DGGE analyses. DGGE profiles clearly showed that after a five week treatment, RSV normalized the strongly modified caecal bacterial composition of

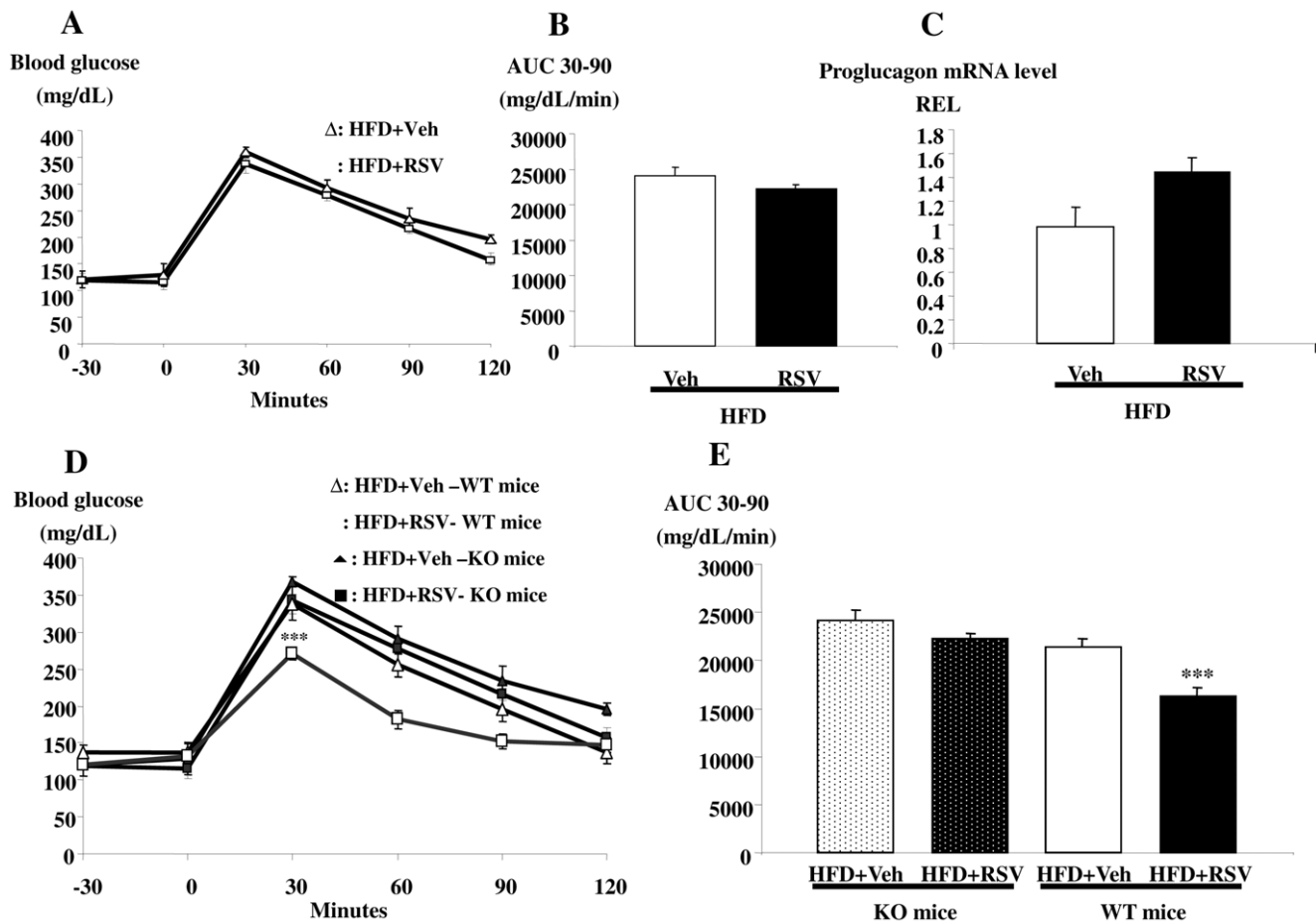


Figure 3. The glucose control by RSV is blunted in high fat diet-fed *Glp1r*^{-/-} mice. **A**) Glycemic profiles (mg/dL) of high fat diet-fed *Glp1r*^{-/-} mice treated with vehicle (triangles) or RSV (squares) for five weeks and **B**) an index of area under the curve glucose (AUC); **C**) proglucagon mRNA levels (Relative expression level REL) of high fat diet-fed mice treated with vehicle (open bars) and RSV (closed bars) for five weeks. **D**) Glycemic profiles (mg/dL) of high fat diet-fed wild type mice (high fat diet-fed mice treated with vehicle (white triangles) or RSV (white squares)) and *Glp1r*^{-/-} mice (high fat diet-fed mice treated with vehicle (black triangles) or RSV (black squares)) after five weeks of treatment and **E**) an index of area under the curve glucose (AUC). Data are presented as mean \pm S.E.M, n=8 mice per group. doi:10.1371/journal.pone.0020700.g003

animals fed a high-fat diet (Figure 5). Three of the bands found to be differently expressed between HFD-fed mice treated with or without RSV were sequenced and identified. They correspond to *Parabacteroides jonsonii* DMS 18315 (a), *Alistipes putredinis* DMS 17216 (b) and *Bacteroides vulgatus* ATCC 8482 (c). All three bacteria were directly affected by RSV treatment (Figure 5, arrows a, b, c, respectively). In particular, these bands disappeared when mice were provided with RSV.

Effect of a five week treatment with RSV on HFD-induced inflammation

Since changes in gut microbiota have been associated with the inflammatory status of metabolic diseases [4,5] we evaluated the putative anti-inflammatory effect of RSV during a HFD treatment. RSV markedly increased IL-10 expression in the colon, liver, and muscle by 3.1, 3.7 and 1.7-fold, respectively (Figures 6A, B, C, D). TGF- β levels were also significantly increased in response to RSV (Figures 6E, F, G). Conversely, RSV induced a significant decrease of TNF- α expression in the same three tissues (Figures 6H, I, J). We have evaluated in brain the expression level of proglucagon, IL-10 and PAI-1. The results (data not shown) indicated that RSV did not modify the

proglucagon mRNA level. In contrast, the PAI-1 mRNA level was decreased (3.5 fold) when RSV was added in HFD compared to HFD. IL-10 mRNA level significantly increase (2.1 fold) in HFD + RSV compared to HFD.

Discussion

We here demonstrate that a chronic resveratrol treatment increases glucose-induced GLP-1 and insulin secretion. This mechanism was enhanced by a concomitant treatment with a DPP4 inhibitor and as a consequence altogether lowers glycemia of high-fat diet-induced diabetic mice. The putative GLP-1 dependency of resveratrol action was suggested since *Glp1r*^{-/-} mice were not sensitive to the treatment. The role of a change in intestinal microbiota and inflammation is also suspected.

Augmentation of GLP-1 action is now widely used for the treatment of T2D. Indeed, GLP-1 not only acts as an incretin to lower blood glucose via stimulation of insulin secretion from islet β cells but also exerts actions independent of insulin secretion, including inhibition of gastric emptying and acid secretion, reduction in food ingestion and glucagon secretion, and stimulation of β cell proliferation [8]. GLP-1 actions are highly glucose-dependent, hence GLP-1 administration is unlikely to be

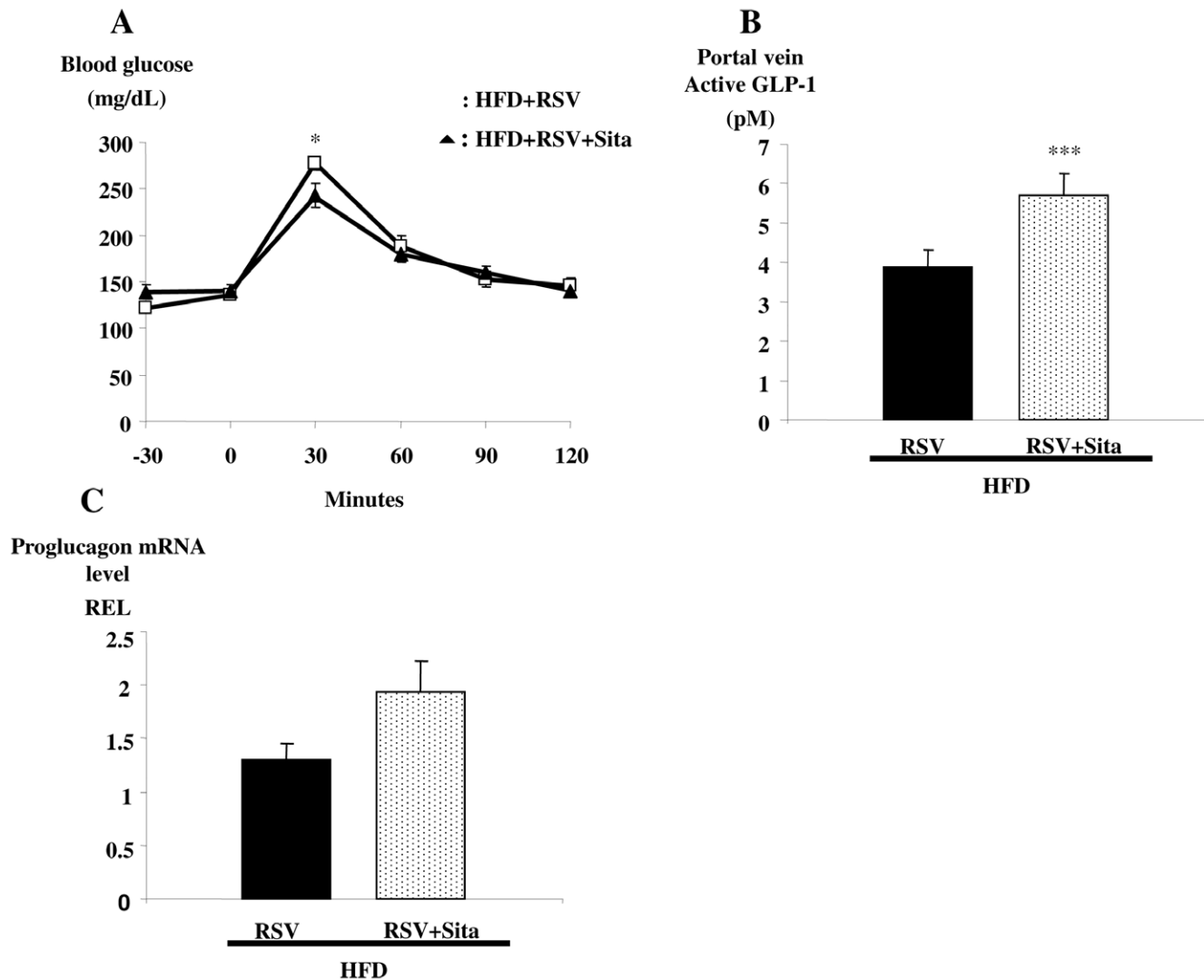


Figure 4. Co-administration of the dipeptidyl peptidase-4 inhibitor sitagliptin and RSV further improves glucose tolerance in high fat diet-fed diabetic mice. **A**) Glycemic profiles (mg/dL) of high fat diet-fed diabetic mice treated with RSV (squares), or RSV plus sitagliptin (triangles) for five weeks; **B**) portal vein active GLP-1 concentrations (pM) and **C**) proglucagon mRNA levels (Relative Expression Level REL) of high at diet-fed mice treated with RSV (closed bars) and sitagliptin plus RSV (spotted bars) for five weeks. Data are presented as mean \pm S.E.M, $n=8$ mice per group, * and *** statistically different between groups when $p<0.05$ and $p<0.001$, respectively, as analyzed by the Student's T test. doi:10.1371/journal.pone.0020700.g004

associated with hypoglycemia [33], a frequent side effect of many oral anti-diabetic agents and insulin. The only obstacle which prevents the native molecule to be used as a therapeutic agent for the treatment of diabetes is that GLP-1 is rapidly degraded within minutes by DPP-4 [34,35,36]. Consequently, stable GLP-1 receptor agonists (Liraglutide, Exenatide), and DPP-4 inhibitors (Sitagliptin, Vildagliptin, Saxagliptin, Alogliptin) have been developed for the treatment of diabetes.

Our current findings further extend the increasing number of agents known to exert their actions in part through enhancement of incretin activity by demonstrating that RSV given orally exerts an anti-diabetic effect linked to GLP-1 production. Indeed, oral glucose tolerance is improved by RSV in association with increased gut proglucagon gene expression and enhanced intestinal levels of GLP-1. Furthermore, these glucoregulatory actions of RSV are blunted in $Glp1r^{-/-}$ mice. Although it is unlikely that all the anti-diabetic effect of resveratrol are mediated through the GLP-1 receptor our data strongly suggest that this

new mechanism does represent a major mode of action in the high-fat diet-fed diabetic mouse. This hypothesis is further reinforced since the proglucagon gene expression in the gut was only moderately increased in $Glp1r^{-/-}$ compared to RSV-treated wild type mice. This is in agreement with data showing that the portal levels of GLP-1 were reduced in RSV-treated $Glp1r^{-/-}$ mice, suggesting that GLP-1 regulates the control of its secretion and gene expression [37]. Furthermore, our data demonstrate that co-administration of a DPP-4 inhibitor and RSV further enhanced the concentration of active portal GLP-1 and improved the glycemic control relative to that observed with the RSV formulation alone. This set of data provides a rationale for further studies examining the combinatorial efficacy of RSV and DPP-4 inhibition. This concept is consistent with strategies designed to enhance the efficacy of DPP4 inhibitors [38] and intriguingly metformin has also been shown to increase GLP-1 secretion through mechanisms, which are poorly understood [6]. On other hand, recent data showed that RSV at a very high dose also

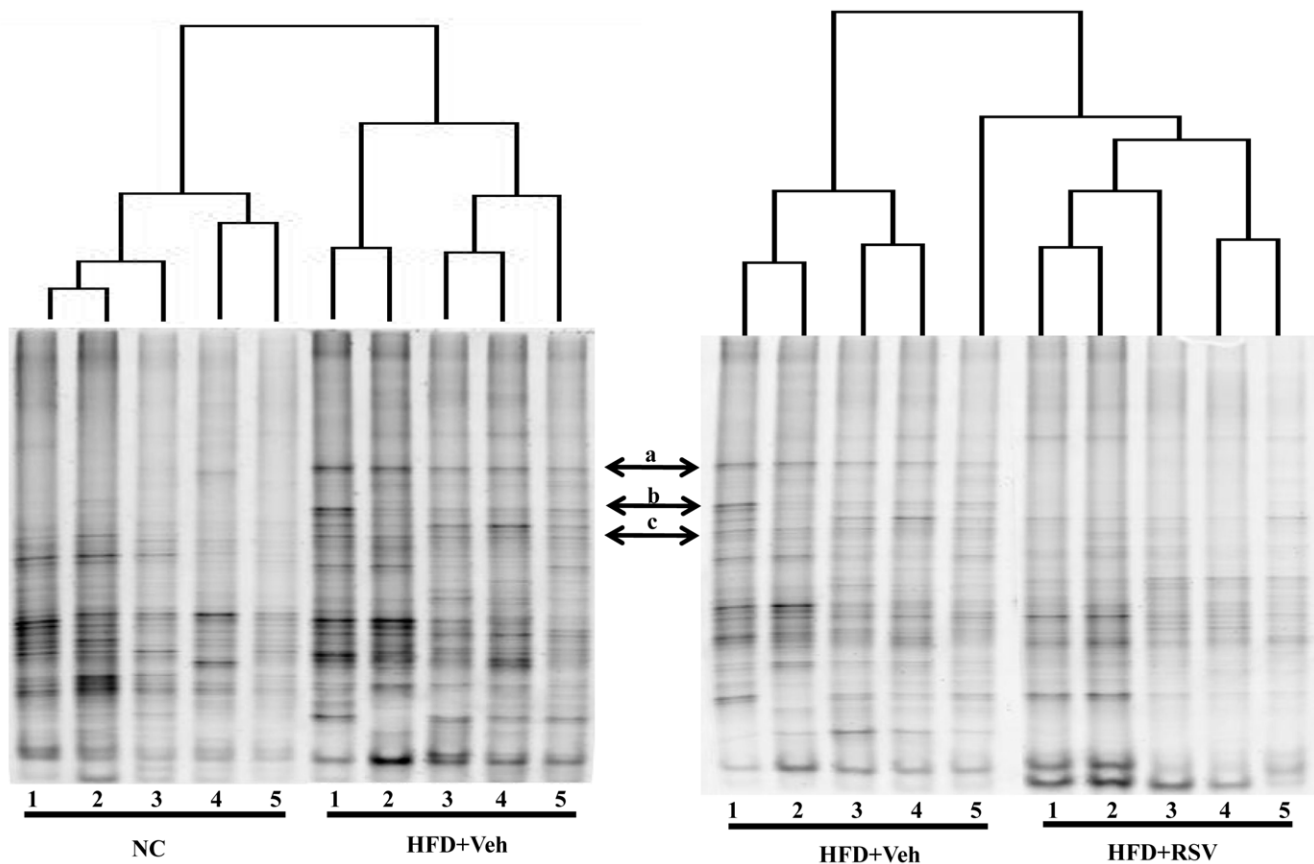


Figure 5. RSV has a prebiotic effect on gut microbiota. DGGE profiles generated from the caecal content of mice fed normal chow (NC), high fat diet and treated with vehicle (HFD±Veh), or RSV (HFD±RSV) for 5 weeks. Each number and profile corresponds to a different animal. The arrows denote a subset of bands, which have disappeared with the RSV treatment, were cloned and sequenced (see results for identification).

doi:10.1371/journal.pone.0020700.g005

increases the plasma concentration of glucose-dependent insulinotropic peptide (GIP) [39]. This was associated with reduced body weight gain in a non-human primate model of obesity [39]. Although we observed increased GIP mRNA levels in the intestine (data not shown), the significantly diminished glucoregulatory activity of RSV in *Glp1r*^{-/-} mice suggests that most of the therapeutic effects of RSV in our experimental model are mediated by GLP-1.

It has been previously described that RSV crosses the blood brain barrier and can have an effect on the central nervous system (CNS) [40,41]. The pharmacological actions of RSV on the CNS can be the consequence of an antioxidant and anti-inflammatory activity, and on the proglucagon level. We have evaluated the proglucagon level in the brain of the animals. Our results indicated (data not shown) that RSV does not induce the expression of GLP-1 in hypothalamus. However, we did observe a slight increase in IL10 mRNA concentration and a reduction of PAI 1 mRNA concentration in the hypothalamus suggesting that some anti-inflammatory effect of resveratrol could be suspected. With these later set of data we cannot rule out that part of the anti-diabetic effect of resveratrol might be through a central beneficial regulation.

In peripheral organs our present data show that RSV reduces inflammation in part through enhancement of IL-10 production in colon, liver and muscle. In addition, this effect

was associated with a decrease of TNF- α mRNA levels and a favorable modulation of intestinal microbiota, which might be linked to IL-10 synthesis in these three tissues. Inflammation induced by the infusion of bacterial lipopolysaccharides reduced glucose-induced insulin secretion and led to insulin resistance [4], and increase production of cytokines through a mechanism requiring the LPS receptor CD14. Similarly, the inflammatory status induced by the change of microbiota might contribute to the impairment of GLP-1 secretion in mice on a HFD diet. We previously showed that prebiotic treatment reverted the alteration of intestinal microbiota induced by the HFD [27] and this was associated with increased GLP-1 production [42]. Probiotic treatments are known to modulate the integrity of the epithelial cell layer [43], and it is possible that a change of intestinal microbiota could modify the nature of microbial-epithelial interactions influencing GLP-1 secretion. Although speculative, these hypotheses can be tested in the future using germ free mice [44].

In conclusion our data show for the first time that RSV increases GLP-1 production and requires the GLP-1 receptor to mediate its anti-diabetic effect in HFD-induced diabetic mice. The mechanism(s) through which GLP-1 secretion is restored could be linked to a change in intestinal microbiota and inflammation. Furthermore, our data suggest that RSV, alone or in combination with DPP-4 inhibitors, may represent a new

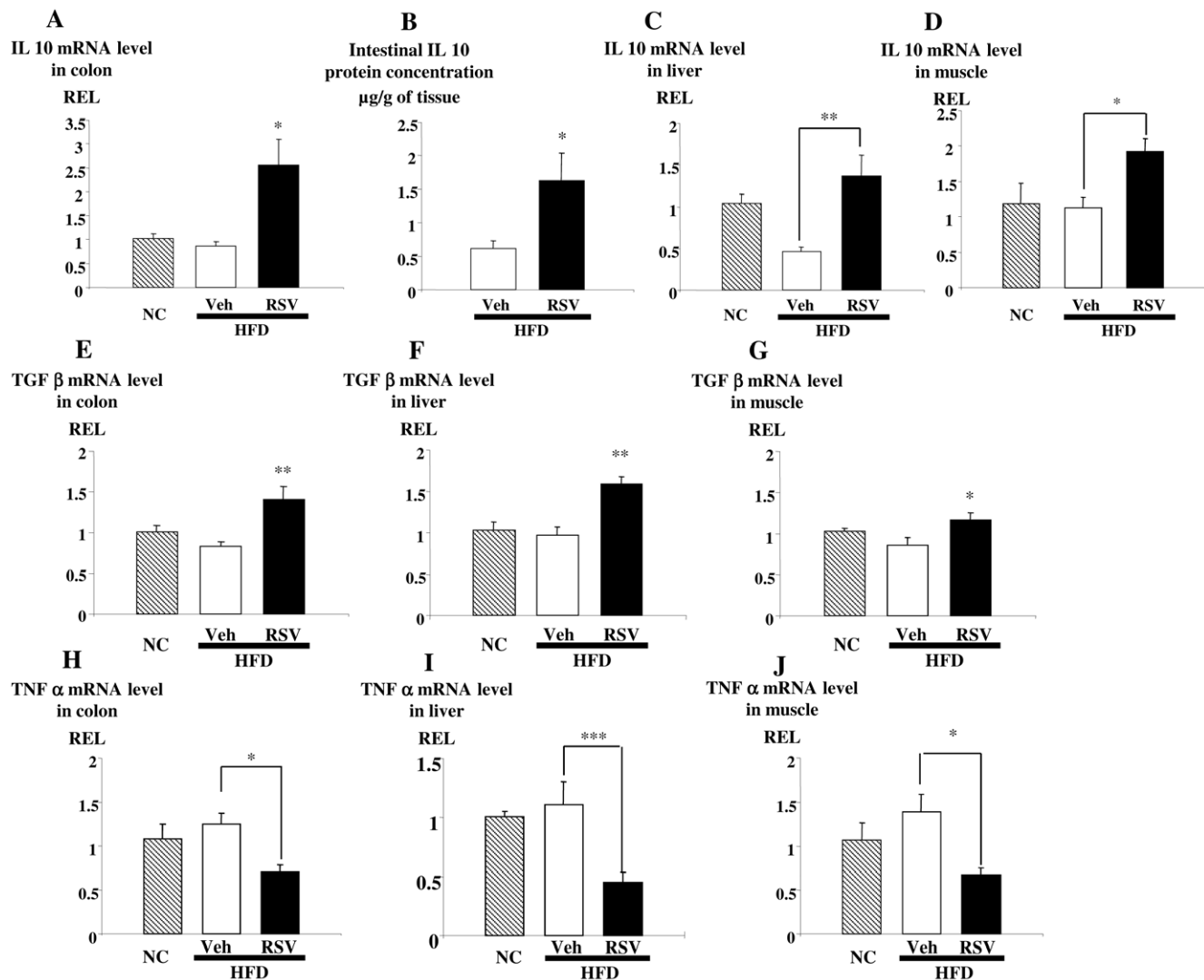


Figure 6. RSV decreases the inflammatory status in high fat-fed diabetic mice. IL-10 mRNA levels (Relative Expression Level, REL) (A) and IL-10 protein concentration ($\mu\text{g/g}$) (B) in colon; IL-10 mRNA in liver (C) and muscle (D), TGF- β mRNA in colon (E), liver (F), muscle (G), and TNF- α mRNA in colon (H), liver (I), muscle (J) of normal chow (stripe bars), high fat diet-fed mice treated with vehicle (open bars) or RSV (closed bars) for five weeks. Data are presented as mean \pm S.E.M, $n=8$ mice per group (in fed state). *, **, and *** statistically different between groups when $p<0.05$, $p<0.01$ and $p<0.001$, respectively, as analyzed by the Student's T test (Fig. 6B) and one-way ANOVA followed by Tukey test. (Fig. 6A, C, D, E, F, G, H, I, J).

doi:10.1371/journal.pone.0020700.g006

therapeutic approach for enhancing incretin action in the treatment of T2D.

Acknowledgments

We would like to thank André Colom for technical help.

References

- Pickup JC, Crook MA (1998) Is type II diabetes mellitus a disease of the innate immune system? *Diabetologia* 41: 1241–1248.
- Hotamisligil GS (2006) Inflammation and metabolic disorders. *Nature* 444: 860–867.
- Weisberg SP, McCann D, Desai M, Rosenbaum M, Leibel RL, et al. (2003) Obesity is associated with macrophage accumulation in adipose tissue. *J Clin Invest* 112: 1796–1808.
- Cani PD, Amar J, Iglesias MA, Poggi M, Knauf C, et al. (2007) Metabolic endotoxemia initiates obesity and insulin resistance. *Diabetes* 56: 1761–1772.
- Cani PD, Bibiloni R, Knauf C, Waget A, Neyrinck AM, et al. (2008) Changes in gut microbiota control metabolic endotoxemia-induced inflammation in high-fat diet-induced obesity and diabetes in mice. *Diabetes* 57: 1470–1481.
- Yasuda N, Inoue T, Nagakura T, Yamazaki K, Kira K, et al. (2002) Enhanced secretion of glucagon-like peptide 1 by biguanide compounds. *Biochem Biophys Res Commun* 298: 779–784.
- Maida A, Lamont BJ, Cao X, Drucker DJ (2010) Metformin regulates the incretin receptor axis via a pathway dependent on peroxisome proliferator-activated receptor- α in mice. *Diabetologia* 54: 339–349.

Author Contributions

Conceived and designed the experiments: RB ES. Performed the experiments: T-MAD AW PK MS CV LP SC SB. Analyzed the data: T-MAD RB ES MS YB DJD. Contributed reagents/materials/analysis tools: RB ES YB. Wrote the paper: T-MAD RB ES YB DJD SC.

8. Holst JJ (2007) The physiology of glucagon-like peptide 1. *Physiol Rev* 87: 1409–1439.
9. Brubaker PL (1991) Regulation of intestinal proglucagon-derived peptide secretion by intestinal regulatory peptides. *Endocrinology* 128: 3175–3182.
10. Gribble FM, Williams L, Simpson AK, Reimann F (2003) A novel glucose-sensing mechanism contributing to glucagon-like peptide-1 secretion from the GLUTag cell line. *Diabetes* 52: 1147–1154.
11. Harikumar KB, Aggarwal BB (2008) Resveratrol: a multitargeted agent for age-associated chronic diseases. *Cell Cycle* 7: 1020–1035.
12. Lagouge M, Argmann C, Gerhart-Hines Z, Meziane H, Lerin C, et al. (2006) Resveratrol improves mitochondrial function and protects against metabolic disease by activating SIRT1 and PGC-1 α . *Cell* 127: 1109–1122.
13. Milne JC, Lambert PD, Schenk S, Carney DP, Smith JJ, et al. (2007) Small molecule activators of SIRT1 as therapeutics for the treatment of type 2 diabetes. *Nature* 450: 712–716.
14. Gao X, Xu YX, Janakiraman N, Chapman RA, Gautam SC (2001) Immunomodulatory activity of resveratrol: suppression of lymphocyte proliferation, development of cell-mediated cytotoxicity, and cytokine production. *Biochem Pharmacol* 62: 1299–1308.
15. Manna SK, Mukhopadhyay A, Aggarwal BB (2000) Resveratrol suppresses TNF-induced activation of nuclear transcription factors NF- κ B, activator protein-1, and apoptosis: potential role of reactive oxygen intermediates and lipid peroxidation. *J Immunol* 164: 6509–6519.
16. Argmann C, Auwerx J (2006) Insulin secretion: SIRT4 gets in on the act. *Cell* 126: 837–839.
17. Ahuja N, Schwer B, Carobbio S, Waltregny D, North BJ, et al. (2007) Regulation of insulin secretion by SIRT4, a mitochondrial ADP-ribosyltransferase. *J Biol Chem* 282: 33583–33592.
18. Rodgers JT, Lerin C, Haas W, Gygi SP, Spiegelman BM, et al. (2005) Nutrient control of glucose homeostasis through a complex of PGC-1 α and SIRT1. *Nature* 434: 113–118.
19. Nayagam VM, Wang X, Tan YC, Poulsen A, Goh KC, et al. (2006) SIRT1 modulating compounds from high-throughput screening as anti-inflammatory and insulin-sensitizing agents. *J Biomol Screen* 11: 959–967.
20. Shi T, Wang F, Stieren E, Tong Q (2005) SIRT3, a mitochondrial sirtuin deacetylase, regulates mitochondrial function and thermogenesis in brown adipocytes. *J Biol Chem* 280: 13560–13567.
21. Gerhart-Hines Z, Rodgers JT, Bare O, Lerin C, Kim S, et al. (2007) Metabolic control of muscle mitochondrial function and fatty acid oxidation through SIRT1/PGC-1 α . *EMBO J* 26: 1913–1923.
22. Baur JA, Pearson KJ, Price NL, Jamieson HA, Lerin C, et al. (2006) Resveratrol improves health and survival of mice on a high-calorie diet. *Nature* 444: 337–342.
23. Behr D, Wu J, Cumine S, Kim KW, Lu S, et al. (2009) Resveratrol is not a direct activator of SIRT1 enzyme activity. *Chem Biol Drug Des* 74: 619–624.
24. Khalil A, Villard P, Dao MA, Burcelin R, Champion S, et al. (2010) Polycyclic aromatic hydrocarbons potentiate high-fat diet effects on intestinal inflammation. *Toxicol Lett* 196: 161–167.
25. Casper RF, Quesne M, Rogers IM, Shirota T, Jolivet A, et al. (1999) Resveratrol has antagonist activity on the aryl hydrocarbon receptor: implications for prevention of dioxin toxicity. *Mol Pharmacol* 56: 784–790.
26. Knauf C, Cani PD, Ait-Belgnaoui A, Benani A, Dray C, et al. (2008) Brain glucagon-like peptide 1 signaling controls the onset of high-fat diet-induced insulin resistance and reduces energy expenditure. *Endocrinology* 149: 4768–4777.
27. Cani PD, Neyrinck AM, Fava F, Knauf C, Burcelin RG, et al. (2007) Selective increases of bifidobacteria in gut microflora improve high-fat-diet-induced diabetes in mice through a mechanism associated with endotoxaemia. *Diabetologia* 50: 2374–2383.
28. Riant E, Waget A, Cogo H, Arnal J, Burcelin R, et al. (2009) Estrogens protect against high-fat diet-induced insulin resistance and glucose intolerance in mice. *Endocrinology* 150: 2109–2117.
29. Caraux G, Pinloche S (2005) PermutMatrix: a graphical environment to arrange gene expression profiles in optimal linear order. *Bioinformatics* 21: 1280–1281.
30. Langcake P, Pryce RJ (1977) A new class of phytoalexins from grapevines. *Experientia* 33: 151–152.
31. Wang W, Lai H, Hsueh P, Chiou RY, Lin S, et al. (2006) Inhibition of swarming and virulence factor expression in *Proteus mirabilis* by resveratrol. *J Med Microbiol* 55: 1313–1321.
32. Chan MM (2002) Antimicrobial effect of resveratrol on dermatophytes and bacterial pathogens of the skin. *Biochem Pharmacol* 63: 99–104.
33. Drucker DJ (2002) Biological actions and therapeutic potential of the glucagon-like peptides. *Gastroenterology* 122: 531–544.
34. Deacon CF (2004) Circulation and degradation of GIP and GLP-1. *Horm Metab Res* 36: 761–765.
35. Nauck M (1996) Therapeutic potential of glucagon-like peptide 1 in type 2 diabetes. *Diabet Med* 13: S39–43.
36. Burcelin R (2005) The incretins: a link between nutrients and well-being. *Br J Nutr* 93(Suppl 1): S147–156.
37. Cani PD, Holst JJ, Drucker DJ, Delzenne NM, Thorens B, et al. (2007) GLUT2 and the incretin receptors are involved in glucose-induced incretin secretion. *Mol Cell Endocrinol* 276: 18–23.
38. Åhrén B (2008) Emerging dipeptidyl peptidase-4 inhibitors for the treatment of diabetes. *Expert Opin Emerg Drugs* 13: 593–607.
39. Dal-Pan A, Blanc S, Aujard F (2010) Resveratrol suppresses body mass gain in a seasonal non-human primate model of obesity. *BMC Physiol* 10: 11.
40. Vitrac X, Desmoulière A, Brouillaud B, Krisa S, Deffieux G, et al. (2003) Distribution of [¹⁴C]-trans-resveratrol, a cancer chemopreventive polyphenol, in mouse tissues after oral administration. *Life Sci* 72: 2219–2233.
41. Kennedy DO, Wightman EL, Reay JL, Lietz G, Okello EJ, et al. (2010) Effects of resveratrol on cerebral blood flow variables and cognitive performance in humans: a double-blind, placebo-controlled, crossover investigation. *Am J Clin Nutr* 91: 1590–1597.
42. Cani PD, Knauf C, Iglesias MA, Drucker DJ, Delzenne NM, et al. (2006) Improvement of glucose tolerance and hepatic insulin sensitivity by oligofructose requires a functional glucagon-like peptide 1 receptor. *Diabetes* 55: 1484–1490.
43. Putaala H, Salusjärvi T, Nordström M, Saarinen M, Ouwehand AC, et al. (2008) Effect of four probiotic strains and *Escherichia coli* O157:H7 on tight junction integrity and cyclo-oxygenase expression. *Res Microbiol* 159: 692–698.
44. Turnbaugh PJ, Ridaura VK, Faith JJ, Rey FE, Knight R, et al. (2009) The effect of diet on the human gut microbiome: a metagenomic analysis in humanized gnotobiotic mice. *Sci Transl Med* 1: 6ra14.